



ASSAM UNIVERSITY SPORTS BOARD



CELEBRATION OF INTERNATIONAL DAY OF YOGA

21st June 2024, Friday

Assam University Sports Board under the aegis of Assam University Silchar will organize Yoga sessions to mark the celebration of **10th International Day of Yoga** on **21st June 2024, Friday** at the **Netaji Mukta Mancha** of the University. The students, research scholars, teaching and non-teaching staff, and their family members are requested to attend and actively participate in the program.

All the participants are requested to reach the venue before 6.30 am.

Timing: **7.00 am to 9.00 am**

Sd/-
Prof. M. Tineshowri Devi
Director (Sports Board)
Assam University, Silchar

No. AU/SPE/157/15

Date 13 – 06 -2024

Copy for kind information and wide circulation to:

1. PS to VC for kind information of the Hon'ble Vice Chancellor
2. All Deans
3. Registrar / Finance Officer/COE /Librarian
4. HODs of all Academic Deptts
5. Director, CDC / Director, IQAC
6. Director, Computer Centre. He is also requested to upload the same in the University Website.
7. PRO
8. All other officers
9. DSW / Proctor
10. Wardens of Girls Hostels – 1, 2, 3, 4,5 & 6 and Boys Hostels – 1, 2, 3,4, & 5.
11. Security & Vigilance Officer
12. President & Secretary, AUTA / AUNTEA
13. President, General Secretary & Secretary, Sports – AU Students Union

Sd/-
Prof. M. Tineshowri Devi
Director (Sports Board)
Assam University, Silchar